



IGSLi

International Group for the Study of Lithium Treated Patients



24th IGSLi Conference

Program & Guest Information

Sept 30 – Oct 3, 2010

Cagliari, Italy



24th IGSLi Conference



Dear Participants of the IGSLi Conference 2010 in Cagliari,

It is our great pleasure to welcome you to the 24th IGSLi Conference, being held this year in Cagliari, Italy.

Our most heartfelt thanks goes to our local host Maria Del Zompo who took over the responsibilities of the organisation of the conference.

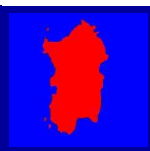
You will find enclosed the conference program with times and venues for the various scientific and social events.

We hope you will enjoy the scientific discussions and that you will have time to take in some of the beautiful places that Cagliari and its surroundings offer its visitors.

Michael Bauer, PhD, MD
IGSLi President

Ute Lewitzka, MD
Secretary





Final Program

Thursday, Sept 30	Arrival day 7:00 pm Welcome Cocktail
Friday, Oct 1	Aula Verde, Cittadella dei Musei
<u>9:00 - 9:30 am</u>	<u>Session 1: Opening</u> • Welcome by the host Maria Del Zompo and the IGSLi President • Introduction of the new IGSLi members and guests
<u>9:30 - 11:00 am</u>	<u>Session 2: Neuroprotection study</u> • Andrea Pfennig: Update on Neuroprotection study • Tomas Hajek: • Final spectroscopic results from the lithium neuroprotection study • Preliminary volumetric results from the lithium neuroprotection study • Alberto Bocchetta (guest discussant): Use of lithium in the elderly • Discussion
11:00	Coffee Break
<u>11:15 - 12:30 am</u>	<u>Session 3: Genetics - ConLiGen Project</u> • Thomas G Schulze: Update on the ConLiGen project • Discussion
12:30 pm	Lunch
<u>1:30 - 2:30 pm</u>	<u>Session 4: Lithium Response and Cognitive Function</u> Discussants: • Janusz Rybakowski • Aleksandra Suwalska Discussion
<u>2:30 - 4.00 pm</u>	<u>Session 5: Clinical issues</u> • Cindy Calkin and Mirko Manchia (guest discussants): Diabetes and metabolic factors in bipolar disorder • Bruno Muller-Oerlinghausen: Lithium and kidney function: Proposal for a IGSLi statement • Franca Ligas (guest discussant): The effects of treatment with lithium on renal function: baseline evaluation and follow-up Discussion
4.00 pm	Coffee break



4.15 -6.00 pm

Session 6: Lithium and depression

- Claire O'Donovan: Lithium and depression
- Alessio Squassina (guest discussant): The polyamine system and its role in suicide
- Valeria Deiana (guest discussant): Prophylactic treatment of bipolar disorder: synergism of lithium and carbamazepine combination
- Mazda Adli: Lithium augmentation and BDNF serum levels
- Discussion

Evening:

8:30 pm Dinner

Saturday, Oct 2

Aula "Banca di Credito Sardo", viale Bonaria

9:30 am – 12:30 pm

Public Symposium : "Therapy with Lithium Salts: Lights and Shadows" - "Terapia coi sali di litio: luci e ombre"

Chairmen: Maria Del Zompo, Mario Piga

Speakers:

- Bruno Mueller Oerlinghausen: Can medication reduce the excess mortality of patients with affective disorder? The story of lithium
- Martin Alda: Therapy with lithium salts: between publicity and reality
- Discussion

The symposium will be in English. A simultaneous translation from English to Italian will be provided

Aula Verde, Cittadella dei Musei

1.30 pm – 2:30 pm

Lunch

2:30 pm – 4:00 pm

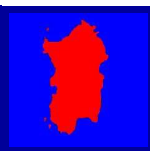
Session 7: Future projects and miscellaneous

- Christian Simandl: Austrian Bipolar Database
- Alessandro Zuddas (guest discussant)

Evening:

8.30 pm Dinner

24th IGSLi-Conference



Sunday, Oct 3 9:00 am – 12:00 pm

IGSLi Business Meeting

- Report of the Board
- Treasurer report
- Elections

12:00 pm

End of the conference

Under the auspices of the University of Cagliari

The organizers wish to thank:

- Fondazione Banco di Sardegna
- Regione Autonoma della Sardegna - Assessorato agli Affari generali, personale e riforma della regione
- More & More

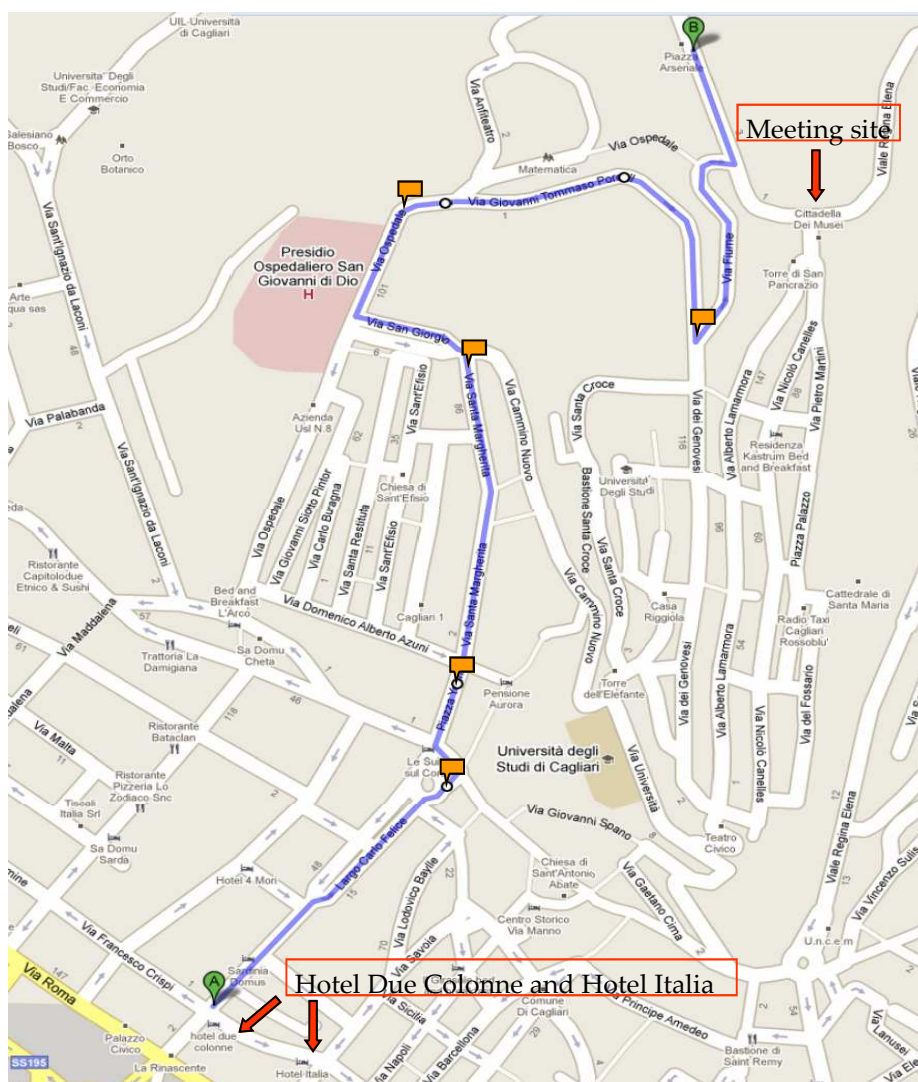
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- The map displays a blue route through Cagliari, Italy, connecting three points marked with green location pins labeled A, B, and C. The route starts at point A (near Palazzo Civico and Hotel Italia), proceeds through the city center, and ends at point B (near Torre di San Pancrazio). A third point, C, is located near Viale Bonaria. The map includes numerous street names, landmarks, and geographical features.
- Streets and Landmarks:**
- Streets:** Via Ospedale, Via Giovanni Tommaso Porcell, Via Santa Croce, Via Santa Margherita, Via Canninu Novu, Via S. Eustachio, Via del Genovesi, Via Alberto Lamarmora, Via Nicolò Canelles, Via del Fossario, Via Regina Elena, Via San Saturnino, Via San Giovanni, Via Antonio Giovanni Piccioni, Via San Giacomo, Via Giardin, Via San Giovanni, Via Ozieri, Via Tempio, Via S. Ignazio da Laconi, Via Goffredo Mameli, Via Malta, Via Sassari, Via Francesco Crispi, Via Lodovico Bayle, Via Napoli, Via Sardegna, Via Lepanto, Via Roma, Via 20 Settembre, Viale Bonaria, Via Sidney Sonnino, Via Gallura, Via Barone Rossi, Via Oliba, Via Giuseppe Garibaldi, Via Vincenzo Sullis, Via Eleonora d'Arborea, Via Lanusei.
 - Landmarks:** Presidio Ospedaliero San H Giovanni di Dio, Chiesa di Sant'Efisio, Sa Domu Cheta, Chiesa di Sant'Antonio Abate, Chiesa di Sant'Eulalia, Bastione di Saint Remy, Hotel Regina Margherita, Cattedrale di Santa Maria, Chiostro di San Domenico, Teatro Circo, Torre dell'Elefante, Torre di San Pancrazio.
 - Geographical Features:** Calata Azuni, Pontile Santa, Palermo, Molo Dogana.

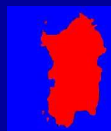
24th IGS Li Conference



The meeting site is easily reachable walking (about 20 mins) or by bus (line 58):

Linea 58 Navetta		
<u>Linea: piazza Matteotti - via Cinquini</u>		
A	Largo C. Felice (Rinascente)	YOUR BUS STOP
	Largo C. Felice (Yenne)	
	P.zza Yenne (fronte via Azuni)	
	Via Santa Margherita (Clinica Aresu)	
	Via Ospedale (Macciotta)	
	Via Porcell	
B	Viale Buon Cammino (Polizia)	MEETING SITE BUS STOP
	V.le Buon Cammino (Capolinea 20)	





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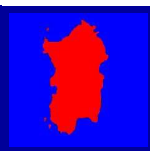
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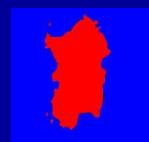
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More&More

Convention - Meeting - Incentive

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